

# LocalSchoolWellnessPolicies:Overviewand Action Steps

## Overview

- x The Child Nutrition and WIC Reauthorization Act of 2004 required all districts to establish local school wellness policies by School Year 2006-2007.
- x The Healthy, Hunger-Free Kids Act of 2010 expands the scope of wellness policies; brings in additional stakeholders in its development, implementation and review; and requires public updates on the content and implementation of the wellness policies (Section 204). The intent is to strengthen local school wellness policies so they become useful tools in evaluating, establishing, and maintaining healthy school environments, and to provide transparency to the public on key areas that affect the nutrition environment in each school.

## Summaryof Action Stepsfor LocalEducationalAgenciesand Districts/Schools:

1. Review the memorandum on wellness policies: <http://www.fns.usda.gov/cnd/Governance/Policy> ↓

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## Comparison Chart of the 2004 and 2010 Requirements for Local School Wellness Policies (LWP)

|                                              | 2004 Requirements<br>Child Nutrition WIC<br>Reauthorization Act                                                                                                                                                          | 2010 Requirements<br>Healthy, Hunger Free Kids Act                                                                                                                                         |
|----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Overview                                     | Directs local educational agencies (LEAs) to have a LWP in place for each school under its jurisdiction.                                                                                                                 | Strengthens LWPs and adds requirements for public participation, transparency, and implementation.                                                                                         |
| Elements of the Local School Wellness Policy | LWP to include, at a minimum, goals for nutrition education, physical activity, and other school-based activities to promote student wellness, as well as nutrition guidelines for all foods available on school campus. | In addition to the 2004 requirements, the LWP is also to include goals for nutrition promotion.                                                                                            |
| Stakeholder Involvement                      | LEAs are required to involve parents, students, and representatives of the school food authority, the school board, school administrators, and the public in the development of LWP.                                     | In addition to the 2004 requirements, LEAs are now required to permit teachers of physical education and school health professionals to participate in the development of LWP.             |
| Stakeholder Participation                    | The stakeholders named above are required to participate in the development of the LWP.                                                                                                                                  | In addition to the 2004 requirements, LEAs are now required to permit all stakeholders named above and in 2004 to participate in the implementation and periodic review and update of LWP. |
| Local Discretion                             | LEAs can determine the specific policies appropriate for the schools under their jurisdiction, provided that those policies include all required elements specified in the Act.                                          | Same as 2004 requirement. the to                                                                                                                                                           |